



HELPING hands

This year the Retired Teachers of Ontario (RTO) along with their major sponsor UPI Energy donated \$12,000 to Cambridge Memorial Hospital from their September Golf Tournament.



CBA staff participated in the Great Food Sort Challenge because they believe in the Dr. Seuss quote, "Unless someone like you cares a whole awful lot nothing is going to get better. It's not."



Charity Partners Lutherwood, Safe Haven, Homelessness and Housing Umbrella Group (HHUG), YWCA K-W, and House of Friendship were thrilled to be the recipients of the area's first Hockey Helps the Homeless Kitchener Waterloo (HHHKW) event raising \$80,000 for people of all ages experience homelessness.



Executive director John Neufeld gives a warm welcome to guests at House of Friendship's 19th annual Friendship Fundraising Dinner recently.



As part of the 570 News "Secret Santa Toy Drive", KPMG volunteers gift wrapped giant boxes to be placed at various organizations for donations.



The KPMG United Way Campaign Committee celebrates reaching 110% of their fundraising goal by preparing an amazing breakfast for the office.



On Nov 7th, SkateABLE Adaptive Ice Skating partnered with the Canadian Paralympic Committee and KidSport KW to present the Changing Minds, Changing Lives dinner and silent auction to raise awareness about the importance of getting involved in parasport, and to raise funds for the SkateABLE adaptive ice skating programs in Waterloo and



Members of the Waterloo Regional Police Service get ready to spread some kindness on Random Act of Kindness Day® on November 7th.



The Cambridge Girls Choir performs at The Trees of Caring Kick-Off event on November 6th. The Trees of Caring Campaign allows people to purchase tree lights to decorate the evergreen trees outside of the Cambridge Memorial Hospital. Funds raised support the CMH.



Volunteers from Elmira Pentecostal's youth group wait patiently for their next assignment at House of Friendship's 19th annual Friendship Fundraising Dinner on October 25th. Thank you to all of our wonderful volunteers!



Graphic novelist and advocate Andre Campbell speaking about his experiences and the importance of inclusion at Extend-A-Family Inclusion Celebration on November 7th.



The staff and patients at Dolman Eyecare Centre raised \$1,884.50 for Optometry Giving Sight, an organization dedicated to providing sustainable eye care and glasses to developing countries to help prevent blindness. The staff dedicated the month of October to fundraising for the organization and held a bake sale and raffle to help reach their fundraising goal.



Teddy Bears from Idea Exchange, Kitchener Public Library and Waterloo Public Library volunteered to collect book donations for the Books for Kids Charity during the KW and Cambridge Santa Claus Parade on November 15th. Pictured is Jieun, with Teddy Bears Pammeed, Hannah and Monsour.

giving back



"I am proud to volunteer and be a member of The Rotary Club of Waterloo. The opportunity of creating new ways to give back to the community while working with an amazing group of people is a great experience."

Lance Nielsen
Director - Owner
Element Hair



"I volunteer with Cystic Fibrosis Canada because it is a cause dear to my heart. My 5-year old daughter Sophia lives with cystic fibrosis, completing 2 hours of chest therapy and taking 20-30 pills each day. Cystic fibrosis is a fatal disease, with no cure. I volunteer to increase the number of tomorrows we have with all those living with cystic fibrosis."

Katie Schulz
Volunteer
Cystic Fibrosis Canada



ARE YOU A DRIVER BETWEEN 16 AND 24 YEARS OLD? WE HAVE GREAT CAR INSURANCE RATES FOR YOU!

Erb and Erb's new insurance offering gives you an immediate 10% discount just for signing up. How does it work? You plug a Smartbox into your car, you get updates on how you drive every 10 days on your smartphone. The safer you drive the cheaper your car insurance becomes! Pay insurance for how you drive. Simple! Want to get a free quote? Call 866.943.9541 and ask for our Youth Driver Insurance rates!

DO YOU KNOW YOUR CONTENTS COVERAGE?

Lately there has been a lot of talk about contents coverage in the media. What are your contents? These are all your belongings from electronics to shoes, from dishes to furniture. What items require special mention in your property policy? What different kinds of contents coverage is there? Read our latest blog entry at www.erb-erb.com on the right side titled *The Contents of Your Policy Determines the Payout for Your Contents.*

ERB AND ERB CONGRATULATES MICHAEL BRATTMAN

Erb and Erb's very own Michael Brattman, VP of Personal Insurance, is now the 72nd President of the Insurance Brokers Association of Ontario (IBAO). Some of Michael's duties will include implementing strategies for the national insurance broker brand and working with politicians both at the provincial and federal levels particularly on the subjects of insurance fraud and how to meet the future challenges of the insurance industry.



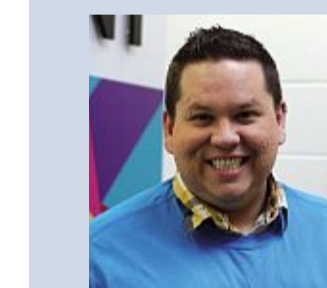
MICHAEL BRATTMAN

Fall is a time of Change! And with it comes our New Newsletter; The Quarterly Proverb Fall 2014! Check it out here: www.erb-erb.com

To learn more about our organization visit [www.ery-erb.com](http://www.erb-erb.com)

TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to build a strong community and reaching out to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



"Being involved with Random Act of Kindness Day® has reinforced my belief that we can make a difference in our communities. It has been incredible to work with college and university students with Random Act of Kindness Day® and see their enthusiasm to make our community a more kinder and caring place for everyone."

Ryan Connell
Volunteer
Random Act of Kindness Day



Tim Moher of TM Jazz presents a cheque for \$1,000 to Penny Burton and Kim Kay of the Multiple Sclerosis Society, Waterloo-District Chapter. TM Jazz hosted the fundraising concert for the MS Society on November 15th at the Conrad Centre for the Performing Arts.



The Rotary Club of Waterloo kicked-off the first annual Fundraising Halloween SPOOKTACULAR Costume Bash at The Boardwalk Medical Centre in support of Rotary Waterloo Charitable Activities.



This Fall 134 Lesson Volunteers help with therapy each week at Sunrise Therapeutic Riding. Rider Bronte on her therapy horse Pixie is assisted by Leader Jen and Side Walkers Pamela and Jenna.

Team Bold from BlackBerry Carrier Affairs were among 16 teams participating the Great Food Sort Challenge at The Food Bank of Waterloo Region. Together, teams sorted enough donated food to provide more than 67,500 meals in our community.



Look for the next Erb and Erb "Helping Hands" feature December 27th, 2015! Deadline for photo submissions is December 24th, 2014!

SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to communitypages@therecord.com Please put HELPING HANDS in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.